




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit our website [studenthealthbenefits.cornell.edu/enrollment-coverage/plan-overview-documents](http://studenthealthbenefits.cornell.edu/enrollment-coverage/plan-overview-documents). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the glossary at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) or call 607.255.6363 for a copy.

| Important Questions   | Answers  | Why This Matters:   |
|---|--|---|
| <b>What is the overall <a href="#">deductible</a>?</b>                                | For each <a href="#">Plan</a> Year, <a href="#">In-Network</a> : Individual \$0 / Family \$0. Out-of-Network: Individual \$400 / Family \$800.   | Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .  |
| <b>Are there services covered before you meet your <a href="#">deductible</a>?</b>    | Yes. <a href="#">Prescription drugs</a> ; plus <a href="#">in-network preventive care</a> are covered before you meet your <a href="#">deductible</a> .  | This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="http://healthcare.gov/coverage/preventive-care-benefits">healthcare.gov/coverage/preventive-care-benefits</a> .  |
| <b>Are there other <a href="#">deductibles</a> for specific services?</b>             | No.  | You don't have to meet <a href="#">deductibles</a> for specific services.   |
| <b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b> | <a href="#">In-Network</a> : Individual \$4,000 / Family \$8,000. <a href="#">Out-of-Network</a> : Individual \$4,000 / Family \$8,000   | The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket</a> limits until the overall family <a href="#">out-of-pocket</a> limit has been met  |
| <b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>               | <a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, health care this <a href="#">plan</a> doesn't cover & penalties for failure to obtain <a href="#">pre-authorization</a> for services | Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .   |
| <b>Will you pay less if you use a <a href="#">network provider</a>?</b>               | Yes. See Aetna's <a href="#">provider directory</a> or call 1-877-480-4161 for a list of <a href="#">in-network providers</a> .  | This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services. |
| <b>Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</b>    | No.  | You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .  |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event  | Services You May Need                                  | What You Will Pay  |   | Limitations, Exceptions, & Other Important Information  |
|---|--|--|---|---|
|   |  | Network Provider<br>(You will pay the least)   | Out-of-Network Provider<br>(You will pay the most)                                      |   |
| If you visit a health care <a href="#">provider's office</a> or clinic  | Primary care visit to treat an injury or illness       | \$25 <a href="#">copay</a> /visit  | 30% <a href="#">coinsurance</a> / visit   | None  |
|   | <a href="#">Specialist</a> visit                       | \$25 <a href="#">copay</a> /visit  | 30% <a href="#">coinsurance</a> / visit   | None  |
|   | <a href="#">Preventive care/screening/immunization</a> | No Charge  | 30% <a href="#">coinsurance</a>   | You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for.   |
| If you have a test  | <a href="#">Diagnostic test</a> (x-ray, blood work)    | 10% <a href="#">coinsurance</a> /test  | 30% <a href="#">coinsurance</a>   | None  |
|   | Imaging (CT/PET scans, MRIs)                           | 10% <a href="#">coinsurance</a> /test  | 30% <a href="#">coinsurance</a>   | None  |
| If you need drugs to treat your illness or condition<br>More information about <a href="#">prescription drug coverage</a> is available at <a href="https://studenthealthbenefits.cornell.edu/enrollment-coverage/using-your-student-health-plan/prescription-coverage">studenthealthbenefits.cornell.edu/enrollment-coverage/using-your-student-health-plan/prescription-coverage</a> | Generic drugs  | <a href="#">Copay</a> /prescription, <a href="#">deductible</a> doesn't apply: \$12 (retail) | 30% <a href="#">coinsurance</a> (retail)/prescription, after <a href="#">deductible</a> | Covers 30-day supply (retail), 31-90 day supply (retail); 3 copays per 90 day Supply. Includes contraceptive drugs & devices obtainable from a pharmacy, oral & injectable fertility drugs. No charge for preferred generic FDA-approved women's contraceptives in- <a href="#">network</a> .<br><br>Review your <a href="#">formulary</a> for prescriptions requiring precertification or step therapy for coverage. |
|   | Preferred brand drugs                                  | <a href="#">Copay</a> /prescription, <a href="#">deductible</a> doesn't apply: \$40 (retail) | 30% <a href="#">coinsurance</a> (retail)/prescription, after <a href="#">deductible</a> |   |
|   | Non-preferred brand drugs                              | <a href="#">Copay</a> /prescription, <a href="#">deductible</a> doesn't apply: \$60 (retail) | 30% <a href="#">coinsurance</a> (retail)/prescription, after <a href="#">deductible</a> |   |
|   | <a href="#">Specialty drugs</a>                        | <a href="#">Copay</a> /prescription, <a href="#">deductible</a> doesn't apply: \$60 (retail) | 30% <a href="#">coinsurance</a> (retail)/prescription, after <a href="#">deductible</a> |   |
| If you have outpatient surgery  | Facility fee (e.g., ambulatory surgery center)         | 10% <a href="#">coinsurance</a>  | 30% <a href="#">coinsurance</a>   | None  |
|   | Physician/surgeon fees                                 | 10% <a href="#">coinsurance</a>  | 30% <a href="#">coinsurance</a>   | None  |
| If you need immediate medical attention   | <a href="#">Emergency room care</a>                    | \$100 <a href="#">copay</a> / visit  | \$100 <a href="#">copay</a> / visit, <a href="#">deductible</a> doesn't apply           | No coverage for non-emergency use. <a href="#">Copay</a> waived if admitted.  |

\* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://studenthealthbenefits.cornell.edu>.

| Common Medical Event   | Services You May Need                            | What You Will Pay   |  | Limitations, Exceptions, & Other Important Information   |
|--|--|---|--|--|
|  |  | Network Provider<br>(You will pay the least)  | Out-of-Network Provider<br>(You will pay the most)                           |  |
|  | <a href="#">Emergency medical transportation</a> | No Charge   | No Charge  | Non-emergency transport: not covered, except if pre-authorized.  |
|  | <a href="#">Urgent care</a>                      | \$50 <a href="#">copay</a> / visit  | \$50 <a href="#">copay</a> / visit; <a href="#">deductible</a> doesn't apply | No coverage for non-emergency use. <a href="#">Copay</a> waived if admitted.   |
| <b>If you have a hospital stay</b>   | Facility fee (e.g., hospital room)               | 10% <a href="#">coinsurance</a>   | 30% <a href="#">coinsurance</a>  | Preauthorization required except for emergency admissions or services provided in NICU certified under Article 28  |
|  | Physician/surgeon fees                           | 10% <a href="#">coinsurance</a>   | 30% <a href="#">coinsurance</a>  | None   |
| <b>If you need mental health, behavioral health, or substance abuse services</b> | Outpatient services                              | Office Visits: \$10 <a href="#">copay</a> /visit<br>Outpatient Services in OMH-licensed facility: \$25 <a href="#">copay</a> /visit<br>All other outpatient services: 10% <a href="#">coinsurance</a> | 30% <a href="#">coinsurance</a>  | None   |
|  | Inpatient services                               | 10% <a href="#">coinsurance</a>   | 30% <a href="#">coinsurance</a>  | Preauthorization Required except for emergency admissions or for admissions at Participating OMH-licensed Facilities for Members under 18.   |
| <b>If you are pregnant</b>   | Office visits                                    | No Charge   | 30% <a href="#">coinsurance</a>  | <a href="#">Cost sharing</a> does not apply for <a href="#">preventive services</a> . Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). |
|  | Childbirth/delivery professional services        | 10% <a href="#">coinsurance</a>   | 30% <a href="#">coinsurance</a>  |  |
|  | Childbirth/delivery facility services            | 10% <a href="#">coinsurance</a>   | 30% <a href="#">coinsurance</a>  |  |
| <b>If you need help recovering or have other special health needs</b>            | <a href="#">Home health care</a>                 | \$25 <a href="#">copay</a> /visit   | 30% <a href="#">coinsurance</a>  | 40 visits/year   |
|  | <a href="#">Rehabilitation services</a>          | 10% <a href="#">coinsurance</a>   | 30% <a href="#">coinsurance</a>  | 60 visits/condition per plan year combined therapies. Includes physical occupational therapy and speech. Applies to inpatient and outpatient care.   |
|  | <a href="#">Habilitation services</a>            | 10% <a href="#">coinsurance</a>   | 30% <a href="#">coinsurance</a>  | 60 visits/condition per plan year combined therapies. Includes physical occupational   |

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| Common Medical Event                          | Services You May Need                     | What You Will Pay                            |  | Limitations, Exceptions, & Other Important Information   |
|---|---|--|--|--|
|   |   | Network Provider<br>(You will pay the least) | Out-of-Network Provider<br>(You will pay the most) |  |
|   |   |  |  | therapy and speech. Applies to inpatient and outpatient care.  |
|   | <a href="#">Skilled nursing care</a>      | 10% <a href="#">coinsurance</a>              | 30% <a href="#">coinsurance</a>                    | 200 days per Plan Year.  |
|   | <a href="#">Durable medical equipment</a> | 10% <a href="#">coinsurance</a>              | 30% <a href="#">coinsurance</a>                    | Limited to 1 <a href="#">durable medical equipment</a> for same/similar purpose. Excludes repairs for misuse/abuse, vehicle modifications, home modifications, exercise, and bathroom equipment. |
|   | <a href="#">Hospice services</a>          | No Charge                                    | 30% <a href="#">coinsurance</a>                    | 210 Day limit; 5 visits for family bereavement counseling.   |
| <b>If your child needs dental or eye care</b> | Children's eye exam                       | No Charge                                    | 50% <a href="#">coinsurance</a>                    | 1 exam/ 12-month period  |
|   | Children's glasses                        | 50% <a href="#">coinsurance</a>              | 50% <a href="#">coinsurance</a>                    | 1 pair of glasses/12-month period (lenses and frames).   |
|   | Children's dental check-up                | No Charge                                    | 50% <a href="#">coinsurance</a>                    | 1 dental exam and cleaning/6-month period.   |

#### Excluded Services & Other Covered Services:

| Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .) |   |   |
|---|---|---|
| <ul style="list-style-type: none"> <li>• Cosmetic surgery</li> <li>• Dental care (Adult)</li> <li>• Long-term care</li> </ul>   | <ul style="list-style-type: none"> <li>• Private-duty nursing</li> <li>• Routine eye care (Adult)</li> <li>• Routine foot care</li> </ul> | <ul style="list-style-type: none"> <li>• Weight loss programs - Except for required <a href="#">preventive services</a>.</li> </ul> |

| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <a href="#">plan</a> document.)  |   |  |
|---|---|--|
| <ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Bariatric surgery</li> <li>• Chiropractic care</li> <li>• Hearing aids – one (1) or both ears once every three (3) years</li> </ul> | <ul style="list-style-type: none"> <li>• Infertility treatment – Limited to the diagnosis &amp; treatment of underlying medical condition, artificial insemination, ovulation induction &amp; oral &amp; injectable fertility drugs.</li> </ul> | <ul style="list-style-type: none"> <li>• Non-emergency care when traveling outside the U.S.</li> </ul> |

\* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://studenthealthbenefits.cornell.edu>.

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Financial Services, Consumer Assistance Unit, 800-342-3736, <http://www.dfs.ny.gov/consumer> . Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: the number on Your ID card.

**Does this plan provide Minimum Essential Coverage? Yes**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Not Applicable**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-480-4161.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-480-4161.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-480-4161.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-877-480-4161.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

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## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayments](#) \$25
- Hospital (facility) [coinsurance](#) 10%
- Other [coinsurance](#) 10%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

|                           |                 |
|---------------------------|-----------------|
| <b>Total Example Cost</b> | <b>\$12,700</b> |
|---------------------------|-----------------|

In this example, Peg would pay:

| <i>Cost Sharing</i>               |                |
|-----------------------------------|----------------|
| <a href="#">Deductibles</a>       | \$0            |
| <a href="#">Copayments</a>        | \$0            |
| <a href="#">Coinsurance</a>       | \$1,300        |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$60           |
| <b>The total Peg would pay is</b> | <b>\$1,360</b> |

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayments](#) \$25
- Hospital (facility) [coinsurance](#) 10%
- Other [coinsurance](#) 10%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$5,600</b> |
|---------------------------|----------------|

In this example, Joe would pay:

| <i>Cost Sharing</i>               |                |
|-----------------------------------|----------------|
| <a href="#">Deductibles</a>       | \$0            |
| <a href="#">Copayments</a>        | \$1,300        |
| <a href="#">Coinsurance</a>       | \$20           |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$60           |
| <b>The total Joe would pay is</b> | <b>\$1,380</b> |

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayments](#) \$25
- Hospital (facility) [copayments](#) \$100
- Other [coinsurance](#) 10%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$2,800</b> |
|---------------------------|----------------|

In this example, Mia would pay:

| <i>Cost Sharing</i>               |              |
|-----------------------------------|--------------|
| <a href="#">Deductibles</a>       | \$0          |
| <a href="#">Copayments</a>        | \$200        |
| <a href="#">Coinsurance</a>       | \$30         |
| <i>What isn't covered</i>         |              |
| Limits or exclusions              | \$0          |
| <b>The total Mia would pay is</b> | <b>\$230</b> |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.