aetna<sup>®</sup>

. Cornell University Student Health Plan (SHP)

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit our website studenthealthbenefits.cornell.edu. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at studenthealthbenefits.cornell.edu or call 607.255.6363 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For each <u>Plan</u> Year, <u>In-Network</u> : Individual \$0 / Family \$0. Out-of- Network: Individual \$400 / Family \$800.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?		This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> .  See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: Individual \$3,000 / Family \$6,000. Out-of-Network: Individual \$3,000 / Family \$6,000	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket</u> limits until the overall family <u>out-of-pocket</u> limit has been met
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover & penalties for failure to obtain preauthorization for services	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See Aetna's <u>provider directory</u> or call 1-877-480-4161 for a list of in- <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		Limitations Evacations 9 Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit	30% coinsurance / visit	None	
If you visit a health care	Specialist visit	\$25 copay/visit	30% coinsurance / visit	None	
provider's office or clinic	Preventive care/screening/ immunization	No Charge	30% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	10% coinsurance	30% coinsurance	None	
ii you nave a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% coinsurance	None	
If you need drugs to treat your illness or condition More information about	Generic drugs	Copay/prescription, deductible doesn't apply: \$12 (retail)	30% <u>coinsurance</u> ( <u>retail</u> )/prescription, after <u>deductible</u>	Covers 30-day supply (retail), 31-90 day supply (retail); 3 copays per 90 day Supply.	
	Preferred brand drugs	Copay/prescription, deductible doesn't apply: \$40 (retail)	30% <u>coinsurance</u> ( <u>retail</u> )/prescription, after <u>deductible</u>	Includes contraceptive drugs & devices obtainable from a pharmacy, oral & injectable fertility drugs. No charge for preferred generic FDA-approved women's	
prescription drug coverage is available at https://studentheatlhbene	Non-preferred brand drugs	Copay/prescription, deductible doesn't apply: \$60 (retail)	30% <u>coinsurance</u> ( <u>retail</u> )/prescription, after <u>deductible</u>	contraceptives in- <u>network</u> .  Review your formulary for prescriptions	
fits.cornell.edu.	Specialty drugs	Copay/prescription, deductible doesn't apply: \$60 (retail)	30% <u>coinsurance</u> ( <u>retail</u> )/prescription, after <u>deductible</u>	requiring precertification or step therapy for coverage.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	None	
surgery	Physician/surgeon fees	10% coinsurance	30% coinsurance	None	
If you need immediate medical attention	Emergency room care	\$100 <u>copay</u> / visit	\$100 <u>copay</u> / visit, <u>deductible</u> doesn't apply	No coverage for non-emergency use. <u>Copay</u> waived if admitted.	
	Emergency medical transportation	No Charge	No Charge	Non-emergency transport: not covered, except if pre-authorized.	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.studentheatlhbenefits.cornell.edu</u>.

		What You Will Pay		Limitations Expontions ? Other	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Urgent care	\$50 copay / visit	\$50 copay / visit; deductible doesn't apply	No coverage for non-emergency use. <u>Copay</u> waived if admitted.	
If you have a hospital	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	Penalty of \$500 for failure to obtain <u>pre-authorization</u> for out-of-network care.	
stay	Physician/surgeon fees	10% coinsurance	30% coinsurance	None	
If you need mental health, behavioral health, or substance	Outpatient services	Office & other outpatient services: \$10 copay/visit	Office & other outpatient services: 30% coinsurance / visit	None	
abuse services	Inpatient services	10% coinsurance / admission	30% <u>coinsurance</u> / admission	None	
	Office visits	No Charge	30% coinsurance	Cost sharing does not apply for preventive	
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	services. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may	
	Childbirth/delivery facility services	10% coinsurance	30% coinsurance	include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	\$25 <u>copay</u> /visit	30% coinsurance / visit	40 visits/year	
If you need help recovering or have other special health needs	Rehabilitation services	10% coinsurance/visit	30% coinsurance / visit	60 visits/condition per plan year combined therapies. Includes physical occupational therapy and speech. Applies to inpatient and outpatient care.	
	Habilitation services	\$25 <u>copay</u> /visit	30% <u>coinsurance</u> / visit	60 visits/condition per plan year combined therapies. Includes physical occupational therapy and speech. Applies to inpatient and outpatient care.	
	Skilled nursing care	10% coinsurance	30% coinsurance / visit	200 days per Plan Year.	
	Durable medical equipment	10% <u>coinsurance</u>	30% <u>coinsurance</u>	Limited to 1 <u>durable medical equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse, vehicle modifications, home modifications, exercise, and bathroom equipment.	
	Hospice services	No Charge	30% coinsurance	210 Day limit; unlimited family bereavement counseling.	

 $<sup>^{*} \ \</sup>text{For more information about limitations and exceptions, see the } \underline{\text{plan}} \ \text{or policy document at } \underline{\text{www.studentheatlhbenefits.cornell.edu}}.$ 

		What You Will Pay		Limitations Evacations 2 Other
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's eye exam	No Charge	50% coinsurance	1 exam/ 12-month period
If your child needs dental or eye care	Children's glasses	50% coinsurance	50% coinsurance	1 pair of glasses/12-month period (lenses and frames).
	Children's dental check-up	No Charge	50% coinsurance	1 dental exam and cleaning/6-month period.

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult)
- Long-term care

- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care

• Weight loss programs - Except for required preventive services.

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Hearing aids -1) or both ears once every three (3) years
- Infertility treatment Limited to the diagnosis & treatment of underlying medical condition, artificial insemination, ovulation induction & oral & injectable fertility drugs.
- Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Financial Services, Consumer Assistance Unit, 800-342-3736, <a href="http://www.dfs.ny.gov/consumer">http://www.dfs.ny.gov/consumer</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.dfs.ny.gov/consumer">Health Insurance</a> Marketplace. For more information about the <a href="https://www.dfs.ny.gov/consumer">Marketplace</a>, visit <a href="https://www.dfs.ny.gov/consumer">www.HealthCare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: [insert applicable contact information from instructions].

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.studentheatlhbenefits.cornell.edu.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-480-4161.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-480-4161.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-480-4161.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-480-4161.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.studentheatlhbenefits.cornell.edu</u>.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayments	\$25
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$0	
Coinsurance	\$1,300	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$1,360	

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

\$0
\$25
10%
10%

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$7,400		
In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$1,300		
Coinsurance	\$20		
What isn't covered			
Limits or exclusions	\$60		
The total Joe would pay is	\$1,380		

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayments	\$25
■ Hospital (facility) copayments	\$100
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$200	
Coinsurance	\$30	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$230	